

# Lead in Drinking Water – Public and Nonpublic Schools

*Updated in response to legislation effective as of June 1, 2021*

## **IMPORTANT NOTICE: ELEVATED LEAD WATER SAMPLE RESULT(S)** **The Foundation School**

### **ELEVATED LEAD WATER SAMPLE RESULT(S)**

All Maryland public and nonpublic schools are required to sample all drinking water outlets for the presence of lead pursuant to the Code of Maryland Regulations. On June 22, 2021, **40** lead water samples were collected from **The Foundation School**. Of these lead water samples, **2** had levels of lead exceeding the State's revised action level of 5 parts per billion (ppb) (*formerly 20 ppb; 5 ppb effective June 1, 2021*) for lead in drinking water in school buildings. The elevated lead results from the sample(s) collected at **The Foundation School** were as follows:

**These samples results meets or exceeds MDS's action level for schools of 5.5ppb. Location: Left Water Fountain outside room 118 and Right Water Fountain outside room 118.**

### **ACTION LEVEL (AL)**

Effective June 1, 2021, the State's AL for lead in drinking water samples collected from outlets in school buildings has been lowered to 5 ppb. The AL is the concentration of lead which, if exceeded, triggers required remediation of drinking water outlets.

### **HEALTH EFFECTS OF LEAD**

Lead can cause serious health problems if too much enters your body from drinking water or other sources. It can cause damage to the brain and kidneys, and can interfere with the production of red blood cells that carry oxygen to all parts of your body. The greatest risk of lead exposure is to infants, young children, and pregnant women. Lead is stored in the bones and it can be released later in life. During pregnancy, the fetus receives lead from the mother's bones, which may affect brain development. Scientists have linked the effects of lead on the brain with lowered IQ in children. Adults with kidney problems and high blood pressure can be affected by low levels of lead more than healthy adults.

### **SOURCES OF HUMAN EXPOSURE TO LEAD**

There are many different sources of human exposure to lead. These sources include: lead-based paint, lead-contaminated dust or soil, some plumbing materials, certain types of pottery, pewter, brass fixtures, food, and cosmetics, exposure in the workplace and exposure from certain hobbies, brass faucets, fittings, and valves. According to the Environmental Protection Agency (EPA), 10 to 20 percent of a person's potential exposure to lead may come from drinking water, while for an infant consuming formula mixed with lead-containing water this may increase to 40 to 60 percent.

### **IMMEDIATE ACTIONS TAKEN**

*The two(2) water outlets in question have been shut down immediately upon getting testing results and is not in use. A follow up sample is being collected and, pending results, further action will be taken accordingly.*

### **NEXT STEPS**

*Following additional testing and results a water fixture replacement will be installed. Given the school building was closed for over a year and drinking fountains were not in use, it is hoped that these measures will result in a positive outcome.*

### **TO REDUCE EXPOSURE TO LEAD IN DRINKING WATER:**

1. Run your water to flush out lead: If water hasn't been used for several hours, run water for 15 to 30 seconds or until it becomes cold or reaches a steady temperature before using it for drinking or cooking.
2. Use cold water for cooking and preparing baby formula: Lead from the plumbing dissolves more easily into hot water.

*Please note that boiling the water will not reduce lead levels.*

#### **ADDITIONAL INFORMATION**

For additional information, please contact **Yvette Colvin, Director of Operations** at **(301) 881-0078, extension 0110**. For additional information on reducing lead exposure around your home/building and the health effects of lead, visit EPA's website at [www.epa.gov/lead](http://www.epa.gov/lead). If you are concerned about exposure; contact your local health department or healthcare provider to find out how you can get your child tested for lead.

# Lead in Drinking Water – Public and Nonpublic Schools

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## **IMPORTANT NOTICE: ELEVATED LEAD WATER SAMPLE RESULT(S)**

### **The Foundation Learning Center**

#### **ELEVATED LEAD WATER SAMPLE RESULT(S)**

All Maryland public and nonpublic schools are required to sample all drinking water outlets for the presence of lead pursuant to the Code of Maryland Regulations. On June 22, 2021, 7 lead water samples were collected from **The Foundation Learning Center**. Of these lead water samples, 1 had levels of lead exceeding the State's revised action level of 5 parts per billion (ppb) (*formerly 20 ppb; 5 ppb effective June 1, 2021*) for lead in drinking water in school buildings. The elevated lead results from the sample(s) collected at **The Foundation Learning Center** were as follows:

**These samples results meets or exceeds MDS's action level for schools of 5.5ppb. Location: Water Fountain outside room 120.**

#### **ACTION LEVEL (AL)**

Effective June 1, 2021, the State's AL for lead in drinking water samples collected from outlets in school buildings has been lowered to 5 ppb. The AL is the concentration of lead which, if exceeded, triggers required remediation of drinking water outlets.

#### **HEALTH EFFECTS OF LEAD**

Lead can cause serious health problems if too much enters your body from drinking water or other sources. It can cause damage to the brain and kidneys, and can interfere with the production of red blood cells that carry oxygen to all parts of your body. The greatest risk of lead exposure is to infants, young children, and pregnant women. Lead is stored in the bones and it can be released later in life. During pregnancy, the fetus receives lead from the mother's bones, which may affect brain development. Scientists have linked the effects of lead on the brain with lowered IQ in children. Adults with kidney problems and high blood pressure can be affected by low levels of lead more than healthy adults.

#### **SOURCES OF HUMAN EXPOSURE TO LEAD**

There are many different sources of human exposure to lead. These sources include: lead-based paint, lead-contaminated dust or soil, some plumbing materials, certain types of pottery, pewter, brass fixtures, food, and cosmetics, exposure in the workplace and exposure from certain hobbies, brass faucets, fittings, and valves. According to the Environmental Protection Agency (EPA), 10 to 20 percent of a person's potential exposure to lead may come from drinking water, while for an infant consuming formula mixed with lead-containing water this may increase to 40 to 60 percent.

#### **IMMEDIATE ACTIONS TAKEN**

*The one(1) water outlet in question was shut down immediately upon getting testing results and is not in use. A follow up sample is being collected and, pending results, further action will be taken accordingly.*

#### **NEXT STEPS**

*Following additional testing and results a water fixture replacement will be installed. Given the school building was closed for over a year and drinking fountains were not in use, it is hoped that these measures will result in a positive outcome.*

**TO REDUCE EXPOSURE TO LEAD IN DRINKING WATER:**

1. Run your water to flush out lead: If water hasn't been used for several hours, run water for 15 to 30 seconds or until it becomes cold or reaches a steady temperature before using it for drinking or cooking.
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